

## Lesson 5:

### Du'a When Waking up from Sleep Surah Al-Imran

Ayah 191

Play Ayah

الَّذِينَ يَذْكُرُونَ اللَّهَ قِيَمًا وَقُعُودًا وَعَلَىٰ جُنُوبِهِمْ وَيَتَفَكَّرُونَ فِي خَلْقِ  
(the) creation on and they reflect their sides and on and sitting standing Allah remember Those who

السَّمَوَاتِ وَالْأَرْضِ رَبَّنَا مَا خَلَقْتَ هَذَا بَطْلًا سُبْحَانَكَ فَقِنَا عَذَابَ  
(from the) punishment so save us Glory be to You (in) vain this You have created not Our Lord and the earth (of) the heavens

النَّارِ  
(of) the Fire

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Who remember Allah while standing or sitting or [lying] on their sides and give thought to the creation of the heavens and the earth, [saying],  
"Our Lord, You did not create this aimlessly; exalted are You [above such a thing]; then protect us from the punishment of the Fire.

## From Islam: A Total Beginner's Guide Part 1

### The Meaning of Shariah

*Shariah* literally means a way or a path. More specifically the way to a watering place.

In Islamic terminology it means that after accepting Allah's *Deen*, the way to be followed, as shown by the Guidance from Him and His Messenger is the *Shariah*. This is the Path which is the Guidance for humankind, and it brings success and salvation in this world and in the next.

*Shariah* is the divinely commanded system or code of conduct to guide mankind straight to the Path of Peace in this world, and to Success in the Hereafter! The affairs of this world are viewed by the Lawgiver – Allah – in order to prepare us for the everlasting world. This is the difference between the Divine Law and human laws, which are concerned with the interests of this world alone.

### The Difference between Deen and Shariah

The key difference is that while the *Deen* always was, has been, and still is One and the same, many *Shariahs* were revealed at different times. Some *Shariahs* were subsequently replaced or altered, but there was no change to the *Deen*.

All Prophets and Messengers presented the same *Deen*, but their *Shariahs* varied to some extent; for example, the prescribed was of observing Fasts were different under the Shariah of the earlier Prophets. The rules of cleanliness and codes of marriage, divorce and inheritance were also different. But, the *Deen* remained the same throughout while the precise details of following it have differed.

The *Shariah* Muslims follow is given to us through the Quran and the Sunnah of the Prophet. It was interpreted and enforced by the Sahabah and the early generations. We now turn to the respected scholars to understand the *Shariah* today.